**2025 Doctrine and Covenants Pacing Guide**

Use the following document to create a pacing guide for the 2025 school year. The (\*) indicates lessons that will be followed up on in a future Assess Your Learning lesson. Lesson titles that are **bolded** indicate doctrinal mastery practice lessons and lessons that include doctrinal mastery passages. Lesson titles that are *italicized* indicate Life Preparation lessons. The Life Preparation lessons are included at the end of the schedule. For additional help with creating a pacing guide, see [Create a Pacing Guide Training](https://www.churchofjesuschrist.org/study/manual/seminary-curriculum-training-2025/06-appendix/08-creating-a-pacing-guide-training) located in the Appendix of the Seminary Curriculum Training.

# 2025 Pacing Guide

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| ***Come, Follow Me* Week**(Links to the weekly Overviews) | **Doctrine and Covenants Lesson Number and Title** | **Class Dates** | **2025 Pacing Guide****on empty days teach D&C lessons of the corresponding week in order** |
| December 30–January 5[The Restoration of the Fulness of the Gospel of Jesus Christ](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/010-overview) | 1 [The Great Apostasy](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/011-great-apostasy)2 [“The Restoration of the Fulness of the Gospel of Jesus Christ: A Bicentennial Proclamation to the World”](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/012-restoration)3 \*[Introduction to the Doctrine and Covenants](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/013-introduction-to-the-doctrine-and-covenants) | Monday | December | 30 |  |
| Tuesday | December | 31 |  |
| Wednesday | January | 1 |  |
| Thursday | January | 2 |  |
| Friday | January | 3 |  |
| January 6–12[Doctrine and Covenants 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/020-overview) | 4 [Doctrine and Covenants 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/021-doctrine-and-covenants-1)5 [**Doctrine and Covenants 1:30–33**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/022-doctrine-and-covenants-1-30-33)6 [**Doctrine and Covenants 1:37–38**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/023-doctrine-and-covenants-1-37-38) | Monday | January | 6 |  |
| Tuesday | January | 7 |  |
| Wednesday | January | 8 |  |
| Thursday | January | 9 | 164 [*Strengthening Your Spiritual Foundation*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/521-introduction-to-doctrinal-mastery) |
| Friday | January | 10 | 165 [*Seeking Personal Revelation for My Questions*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/522-acquiring-spiritual-knowledge-part-1) |
| January 13–19[Joseph Smith—History 1:1–26](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/030-joseph-smith-history-1-1-26-overview) | 7 [Joseph Smith—History 1:1–14](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/031-joseph-smith-history-1-1-14)8 [**Joseph Smith—History 1:15–20**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/032-joseph-smith-history-1-15-20)9 [Joseph Smith—History 1:21–26](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/033-joseph-smith-history-1-21-26) | Monday | January | 13 | 166 [*Acting in Faith to Find Answers*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/523-acquiring-spiritual-knowledge-part-2) |
| Tuesday | January | 14 | 167 [*Examining Gospel Topics and Questions with an Eternal Perspective*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/524-acquiring-spiritual-knowledge-part-3) |
| Wednesday | January | 15 |  |
| Thursday | January | 16 |  |
| Friday | January | 17 |  |
| January 20–26[Doctrine and Covenants 2; Joseph Smith—History 1:27–65](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/040-doctrine-and-covenants-2-jsh-1-27-65-overview) | 10 \*[Joseph Smith—History 1:27–50](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/041-joseph-smith-history-1-27-50)11 \*[Joseph Smith—History 1:50–65](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/042-joseph-smith-history-1-50-65)12 [Doctrine and Covenants 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/043-doctrine-and-covenants-2) | Monday | January | 20 |  |
| Tuesday | January | 21 |  |
| Wednesday | January | 22 |  |
| Thursday | January | 23 | 168 [*Turning to Divinely Appointed Sources to Help Find Answers*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/525-acquiring-spiritual-knowledge-part-4) |
| Friday | January | 24 | 169 [*Focusing on Jesus Christ in the Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/531-focusing-on-jesus-christ-in-the-scriptures) |
| January 27–February 2[Doctrine and Covenants 3–5](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/050-doctrine-and-covenants-3-5-overview) | 13 [Doctrine and Covenants 3](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/051-doctrine-and-covenants-3)14 [Doctrine and Covenants 4](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/052-doctrine-and-covenants-4)15 \*[Doctrine and Covenants 5](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/053-doctrine-and-covenants-5)16 [Assess Your Learning 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/054-assess-your-learning-1) | Monday | January | 27 |  |
| Tuesday | January | 28 |  |
| Wednesday | January | 29 |  |
| Thursday | January | 30 |  |
| Friday | January | 31 |  |
| February 3–9[Doctrine and Covenants 6–9](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/060-doctrine-and-covenants-6-9-overview) | 17 [**Doctrine and Covenants 6**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/061-doctrine-and-covenants-6)18 \*[The Translation of the Book of Mormon](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/062-the-translation-of-the-book-of-mormon)19 \*[**Doctrine and Covenants 8**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/063-doctrine-and-covenants-8)20 [**Doctrinal Mastery Practice 1**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/064-doctrinal-mastery-practice-1) | Monday | February | 3 | 170 [*Finding Gospel Truths in the Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/532-finding-gospel-truths-in-the-scriptures) |
| Tuesday | February | 4 |  |
| Wednesday | February | 5 |  |
| Thursday | February | 6 |  |
| Friday | February | 7 |  |
| February 10–16[Doctrine and Covenants 10–11](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/070-doctrine-and-covenants-10-11-overview) | 21 [Doctrine and Covenants 10](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/071-doctrine-and-covenants-10)22 [Doctrine and Covenants 11:1–7](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/072-doctrine-and-covenants-11-1-7)23 [Doctrine and Covenants 11:8–30](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/073-doctrine-and-covenants-11-8-30) | Monday | February | 10 |  |
| Tuesday | February | 11 |  |
| Wednesday | February | 12 |  |
| Thursday | February | 13 | 171 [*Annotating Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/533-annotating-scriptures) |
| Friday | February | 14 | 172[*Scripture Study Tools*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/534-scripture-study-tools) |
| February 17–23[Doctrine and Covenants 12–17; Joseph Smith—History 1:66–75](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/080-doctrine-and-covenants-12-17-jsh-1-66-75-overview) | 24 [**Joseph Smith—History 1:68–75; Doctrine and Covenants 13**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/081-jsh-1-68-75-doctrine-and-covenants-13)25 [Doctrine and Covenants 14](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/082-doctrine-and-covenants-14)26 \*[Doctrine and Covenants 17](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/083-doctrine-and-covenants-17) | Monday | February | 17 | 173 [*Understanding the Context of Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/535-understanding-the-context-of-scriptures) |
| Tuesday | February | 18 |  |
| Wednesday | February | 19 |  |
| Thursday | February | 20 |  |
| Friday | February | 21 | 174 [*For the Strength of Youth Guide*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/551-for-the-strength-of-youth-guide) |
| February 24–March 2[Doctrine and Covenants 18](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/090-doctrine-and-covenants-18-overview) | 27 \*[**Doctrine and Covenants 18:1–13**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/091-doctrine-and-covenants-18-1-13)28 \*[**Doctrine and Covenants 18:11–16**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/092-doctrine-and-covenants-18-11-16)29 [Doctrine and Covenants 18:21–47](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/093-doctrine-and-covenants-18-21-47)30 [**Doctrinal Mastery Practice 2**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/094-doctrine-mastery-practice-2) | Monday | February | 24 | 175 [*Setting Goals*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/552-setting-goals) |
| Tuesday | February | 25 |  |
| Wednesday | February | 26 |  |
| Thursday | February | 27 |  |
| Friday | February | 28 |  |
| March 3–9[Doctrine and Covenants 19](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/100-doctrine-and-covenants-19-overview) | 31 [Doctrine and Covenants 19:1–24, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/101-doctrine-and-covenants-19-1-24-part-1)32 [**Doctrine and Covenants 19:1–24, Part 2**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/102-doctrine-and-covenants-19-1-24-part-2)33 [Doctrine and Covenants 19:25–41](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/103-doctrine-and-covenants-19-25-41)34 [Assess Your Learning 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/104-assess-your-learning-2) | Monday | March | 3 |  |
| Tuesday | March | 4 |  |
| Wednesday | March | 5 | 176 [*Our Divine Identity and Purpose*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/553-our-divine-identity-and-purpose) |
| Thursday | March | 6 |  |
| Friday | March | 7 |  |
| March 10–16[Doctrine and Covenants 20–22](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/110-doctrine-and-covenants-20-22-overview) | 35 [Doctrine and Covenants 20:1–36](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/111-doctrine-and-covenants-20-1-36)36 \*[Doctrine and Covenants 20:37, 68–79](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/112-doctrine-and-covenants-20-37)37 \*[**Doctrine and Covenants 21**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/113-doctrine-and-covenants-21) | Monday | March | 10 | 177 [*Taking Charge of Technology*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/554-taking-charge-of-technology) |
| Tuesday | March | 11 | 178 [*Patriarchal Blessings*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/555-patriarchal-blessings) |
| Wednesday | March | 12 |  |
| Thursday | March | 13 |  |
| Friday | March | 14 |  |
| March 17–23[Doctrine and Covenants 23–26](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/120-doctrine-and-covenants-23-26-overview) | 38 [Doctrine and Covenants 23–24](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/121-doctrine-and-covenants-23-24)39 [Doctrine and Covenants 25, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/122-doctrine-and-covenants-25-part-1)40 [Doctrine and Covenants 25, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/123-doctrine-and-covenants-25-part-2) | Monday | March | 17 |  |
| Tuesday | March | 18 |  |
| Wednesday | March | 19 |  |
| Thursday | March | 20 | 179 [*Sustaining Our Leaders*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/556-sustaining-our-leaders) |
| Friday | March | 21 | 180 [*Building Self-Reliance in the Lord’s Way*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/561-building-the-self-reliance-in-the-lords-way) |
| March 24–30[Doctrine and Covenants 27–28](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/130-doctrine-and-covenants-27-28-overview) | 41 \*[Doctrine and Covenants 27:1–14](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/131-doctrine-and-covenants-27-1-14)42 [Doctrine and Covenants 27:15–18](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/132-doctrine-and-covenants-27-15-18)43 [Doctrine and Covenants 28](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/133-doctrine-and-covenants-28) | Monday | March | 24 | 181 [*Faith in Jesus Christ to Build Self-Reliance*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/562-faith-in-jesus-christ-to-build-self-reliance) |
| Tuesday | March | 25 | 182 [*Managing Financial Resources Wisely*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/563-managing-financial-resources-wisely) |
| Wednesday | March | 26 |  |
| Thursday | March | 27 |  |
| Friday | March | 28 |  |
| March 31–April 6[Doctrine and Covenants 29](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/140-doctrine-and-covenants-29-overview) | 44 [Doctrine and Covenants 29:1–8](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/141-doctrine-and-covenants-29-1-8)45 [**Doctrine and Covenants 29:9–29**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/142-doctrine-and-covenants-29-9-29)46 [Doctrine and Covenants 29:36–50](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/143-doctrine-and-covenants-29-36-50) | Monday | March | 31 | 183 [*Self-Reliance Enables Us to Better Care for Others*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/564-self-reliance-enables-us-to-better-care-for-others) |
| Tuesday | April | 1 | 184 [*Caring for Our Physical Bodies*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/571-caring-for-our-physical-bodies) |
| Wednesday | April | 2 |  |
| Thursday | April | 3 |  |
| Friday | April | 4 |  |
| April 7–13[Doctrine and Covenants 30–36](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/150-doctrine-and-covenants-30-36-overview) | 47 [Doctrine and Covenants 30–36, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/151-doctrine-and-covenants-30-36-part-1)48 \*[Doctrine and Covenants 30–36, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/152-doctrine-and-covenants-30-36-part-2)49 [Doctrine and Covenants 35](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/153-doctrine-and-covenants-35)50 [**Doctrinal Mastery Practice 3**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/154-doctrinal-mastery-practice-3) | Monday | April | 7 | 185 [*Building Emotional Strength in the Lord*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/572-building-emotional-strength-in-the-lord) |
| Tuesday | April | 8 |  |
| Wednesday | April | 9 |  |
| Thursday | April | 10 |  |
| Friday | April | 11 |  |
| April 14–20Easter (Could use the lessons that focus on “[The Living Christ](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/510-the-living-christ-overview)”) | 162 [The Living Christ, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/511-the-living-christ-part-1)163 [The Living Christ, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/512-the-living-christ-part-2)Easter lesson using [*Come, Follow Me*](https://www.churchofjesuschrist.org/study/manual/come-follow-me-for-home-and-church-doctrine-and-covenants-2025/16-doctrine-and-covenants-easter%26id%3Dtitle3-p6#title3) | Monday | April | 14 |  |
| Tuesday | April | 15 |  |
| Wednesday | April | 16 |  |
| Thursday | April | 17 |  |
| Friday | April | 18 |  |
| April 21–27[Doctrine and Covenants 37–40](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/160-doctrine-and-covenants-37-40-overview) | 51 [Doctrine and Covenants 37; 38:1–9, 28–33](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/161-doctrine-and-covenants-37-38)52 [Doctrine and Covenants 38:15–27, 34–42](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/162-doctrine-and-covenants-38-15-27-34-42)53 [Doctrine and Covenants 39–40](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/163-doctrine-and-covenants-39-40)54 [Assess Your Learning 3](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/164-assess-your-learning-3) | Monday | April | 21 |  |
| Tuesday | April | 22 |  |
| Wednesday | April | 23 |  |
| Thursday | April | 24 |  |
| Friday | April | 25 |  |
| April 28–May 4[Doctrine and Covenants 41–44](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/170-doctrine-and-covenants-41-44-overview) | 55 [Doctrine and Covenants 41](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/171-doctrine-and-covenants-41)56 \*[Doctrine and Covenants 42](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/172-doctrine-and-covenants-42)57 \*[Doctrine and Covenants 42:29–39](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/173-doctrine-and-covenants-42-29-39) | Monday | April | 28 | 186 [*Developing Healthy Thinking Patterns*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/573-developing-healthy-thinking-patterns) |
| Tuesday | April | 29 |  |
| Wednesday | April | 30 |  |
| Thursday | May | 1 |  |
| Friday | May | 2 |  |
| May 5–11[Doctrine and Covenants 45](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/180-doctrine-and-covenants-45-overview) | 58 [Doctrine and Covenants 45:1–8](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/181-doctrine-and-covenants-45-1-8)59 [Doctrine and Covenants 45:9–75, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/182-doctrine-and-covenants-45-9-75-part-1)60 \*[Doctrine and Covenants 45:9–75, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/183-doctrine-and-covenants-45-9-75-part-2) | Monday | May | 5 | 187 [*Managing Stress and Anxiety*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/574-managing-stress-and-anxiety) |
| Tuesday | May | 6 |  |
| Wednesday | May | 7 |  |
| Thursday | May | 8 |  |
| Friday | May | 9 |  |
| May 12–18[Doctrine and Covenants 46–48](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/190-doctrine-and-covenants-46-48-overview) | 61 [Doctrine and Covenants 46:1–6](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/191-doctrine-and-covenants-46-1-6)62 [Doctrine and Covenants 46:7–33, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/192-doctrine-and-covenants-46-7-33-part-1)63 \*[Doctrine and Covenants 46:7–33, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/193-doctrine-and-covenants-46-7-33-part-2) | Monday | May | 12 |  |
| Tuesday | May | 13 |  |
| Wednesday | May | 14 |  |
| Thursday | May | 15 | 188 [*Coping with Sadness and Depression*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/575-coping-with-sadness-and-depression) |
| Friday | May | 16 | 189 [*Being Perfected in Jesus Christ*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/576-being-perfected-in-jesus-christ) |
| May 19–25[Doctrine and Covenants 49–50](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/200-doctrine-and-covenants-49-50-overview) | 64 [**Doctrine and Covenants 49**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/201-doctrine-and-covenants-49)65 [Doctrine and Covenants 50, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/202-doctrine-and-covenants-50-part-1)66 \*[Doctrine and Covenants 50, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/203-doctrine-and-covenants-50-part-2)67 [Assess Your Learning 4](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/204-assess-your-learning-4) | Monday | May | 19 | 190 [*Building Healthy Relationships*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/577-building-healthy-relationships) |
| Tuesday | May | 20 |  |
| Wednesday | May | 21 |  |
| Thursday | May | 22 |  |
| Friday | May | 23 |  |
| May 26–June 1[Doctrine and Covenants 51–57](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/210-doctrine-and-covenants-51-57-overview) | 68 [Doctrine and Covenants 51](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/211-doctrine-and-covenants-51)69 [Doctrine and Covenants 57](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/212-doctrine-and-covenants-57)70 [**Doctrinal Mastery Practice 4**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/213-doctrinal-mastery-practice-4) | Monday | May | 26 |  |
| Tuesday | May | 27 |  |
| Wednesday | May | 28 |  |
| Thursday | May | 29 | 191 [*The Importance of Education*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/581-the-importance-of-education) |
| Friday | May | 30 | 192 [*Education for the Whole Soul*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/582-education-for-the-whole-soul) |
| June 2–8[Doctrine and Covenants 58–59](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/220-doctrine-and-covenants-58-59-overview) | 71 [Doctrine and Covenants 58:26–29](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/221-doctrine-and-covenants-58-26-29)72 \*[**Doctrine and Covenants 58:38–60**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/222-doctrine-and-covenants-58-38-60)73 \*[Doctrine and Covenants 59](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/223-doctrine-and-covenants-59) | Monday | June | 2 | 193 [*Discovering Your Strengths and Abilities*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/583-discovering-your-strengths-and-abilities) |
| Tuesday | June | 3 | 194 [*Developing Skills and Abilities*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/584-developing-skills-and-abilities) |
| Wednesday | June | 4 |  |
| Thursday | June | 5 |  |
| Friday | June | 6 |  |
| June 9–15[Doctrine and Covenants 60–63](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/230-doctrine-and-covenants-60-63-overview) | 74 [Doctrine and Covenants 60–62](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/231-doctrine-and-covenants-60-62)75 \*[Doctrine and Covenants 63:1–23](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/232-doctrine-and-covenants-63-1-23)76 \*[Doctrine and Covenants 63:57–64](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/233-doctrine-and-covenants-63-57-64) | Monday | June | 9 |  |
| Tuesday | June | 10 |  |
| Wednesday | June | 11 |  |
| Thursday | June | 12 | 195 [*Involving the Lord in Your Learning*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/591-involving-the-lord-in-your-learning) |
| Friday | June | 13 | 196 *[Integrity in Our Education](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/592-integrity-in-our-education)* |
| June 16–22[Doctrine and Covenants 64–66](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/240-doctrine-and-covenants-64-66-overview) | 77 \*[**Doctrine and Covenants 64:1–17**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/241-doctrine-and-covenants-64-1-17)78 \*[Doctrine and Covenants 64:20–43](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/242-doctrine-and-covenants-64-20-43)79 [Doctrine and Covenants 65](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/243-doctrine-and-covenants-65) | Monday | June | 16 | 197 [*Preparing for Tests and Challenging Projects*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/593-preparing-for-tests-and-challenging-projects) |
| Tuesday | June | 17 | 198 [*Growth Mindset*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/594-growth-mindset) |
| Wednesday | June | 18 |  |
| Thursday | June | 19 |  |
| Friday | June | 20 |  |
| June 23–29[Doctrine and Covenants 67–70](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/250-doctrine-and-covenants-67-70-overview) | 80 [Doctrine and Covenants 67](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/251-doctrine-and-covenants-67)81 [Doctrine and Covenants 68:25–31](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/252-doctrine-and-covenants-68-25-31) | Monday | June | 23 |  |
| Tuesday | June | 24 |  |
| Wednesday | June | 25 | 82 [Doctrine and Covenants 71](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/261-doctrine-and-covenants-71) |
| Thursday | June | 26 | 82 [Doctrine and Covenants 71](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/261-doctrine-and-covenants-71) |
| Friday | June | 27 | 84 [Assess Your Learning 5](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/263-assess-your-learning-5) |
| June 30–July 6[Doctrine and Covenants 71–75](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/260-doctrine-and-covenants-71-75-overview) | 82 [Doctrine and Covenants 71](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/261-doctrine-and-covenants-71)83 [**Doctrinal Mastery Practice 5**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/262-doctrinal-mastery-practice-5)84 [Assess Your Learning 5](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/263-assess-your-learning-5) | Monday | June | 30 |  |
| Tuesday | July | 1 |  |
| Wednesday | July | 2 |  |
| Thursday | July | 3 |  |
| Friday | July | 4 |  |
| July 7–13[Doctrine and Covenants 76](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/270-doctrine-and-covenants-76-overview) | 85 \*[Doctrine and Covenants 76:1–19](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/271-doctrine-and-covenants-76-1-19)86 \*[**Doctrine and Covenants 76:19–24**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/272-doctrine-and-covenants-76-19-24)87 \*[Doctrine and Covenants 76:50–70](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/273-doctrine-and-covenants-76-50-70)88 \*[Doctrine and Covenants 76:71–112](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/274-doctrine-and-covenants-76-71-112) | Monday | July | 7 |  |
| Tuesday | July | 8 |  |
| Wednesday | July | 9 |  |
| Thursday | July | 10 |  |
| Friday | July | 11 |  |
| July 14–20[Doctrine and Covenants 77–80](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/280-doctrine-and-covenants-77-80-overview) | 89 [Doctrine and Covenants 78](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/281-doctrine-and-covenants-78)90 [Doctrine and Covenants 79–80](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/282-doctrine-and-covenants-79-80) | Monday | July | 14 |  |
| Tuesday | July | 15 |  |
| Wednesday | July | 16 |  |
| Thursday | July | 17 |  |
| Friday | July | 18 |  |
| July 21–27[Doctrine and Covenants 81–83](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/290-doctrine-and-covenants-81-83-overview) | 91 [Doctrine and Covenants 82:1–7](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/291-doctrine-and-covenants-82-1-7)92 [**Doctrine and Covenants 82:8–24**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/292-doctrine-and-covenants-82-8-24)93 [Assess Your Learning 6](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/293-assess-your-learning-6) | Monday | July | 21 |  |
| Tuesday | July | 22 |  |
| Wednesday | July | 23 |  |
| Thursday | July | 24 |  |
| Friday | July | 25 |  |
| July 28–August 3[Doctrine and Covenants 84](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/300-doctrine-and-covenants-84-overview) | 94 [**Doctrine and Covenants 84:1–32**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/301-doctrine-and-covenants-84-1-32)95 [Doctrine and Covenants 84:33–44](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/302-doctrine-and-covenants-84-33-44)96 [Doctrine and Covenants 84:49–102](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/303-doctrine-and-covenants-84-49-102)97 [**Doctrinal Mastery Practice 6**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/304-doctrinal-mastery-practice-6) | Monday | July | 28 |  |
| Tuesday | July | 29 |  |
| Wednesday | July | 30 |  |
| Thursday | July | 31 |  |
| Friday | August | 1 |  |
| August 4–10[Doctrine and Covenants 85–87](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/310-doctrine-and-covenants-85-87-overview) | 98 [Doctrine and Covenants 86](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/311-doctrine-and-covenants-86)99 [Doctrine and Covenants 87](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/312-doctrine-and-covenants-87) | Monday | August | 4 |  |
| Tuesday | August | 5 |  |
| Wednesday | August | 6 |  |
| Thursday | August | 7 |  |
| Friday | August | 8 |  |
| August 11–17[Doctrine and Covenants 88](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/320-doctrine-and-covenants-88-overview) | 100 \*[Doctrine and Covenants 88:1–13, 41–50](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/321-doctrine-and-covenants-88-1-13-41-50)101 [Doctrine and Covenants 88:14–41](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/322-doctrine-and-covenants-88-14-41)102 \*[Doctrine and Covenants 88:51–95](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/323-doctrine-and-covenants-88-51-95)103 \*[**Doctrine and Covenants 88:76–80,117–141**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/324-doctrine-and-covenants-88-76-80-117-141) | Monday | August | 11 |  |
| Tuesday | August | 12 |  |
| Wednesday | August | 13 |  |
| Thursday | August | 14 |  |
| Friday | August | 15 |  |
| August 18–24[Doctrine and Covenants 89–92](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/330-doctrine-and-covenants-89-92-overview) | 104 [Doctrine and Covenants 89:1–17](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/331-doctrine-and-covenants-89-1-17)105 \*[**Doctrine and Covenants 89:18–21**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/332-doctrine-and-covenants-89-18-21)106 [Doctrine and Covenants 90](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/333-doctrine-and-covenants-90) | Monday | August | 18 |  |
| Tuesday | August | 19 |  |
| Wednesday | August | 20 |  |
| Thursday | August | 21 |  |
| Friday | August | 22 |  |
| August 25–31[Doctrine and Covenants 93](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/340-doctrine-and-covenants-93-overview) | 107 \*[Doctrine and Covenants 93:1–22](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/341-doctrine-and-covenants-93-1-22)108 \*[Doctrine and Covenants 93:19–53](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/342-doctrine-and-covenants-93-19-53)109 [Assess Your Learning 7](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/344-assess-your-learning-7) | Monday | August | 25 |  |
| Tuesday | August | 26 |  |
| Wednesday | August | 27 |  |
| Thursday | August | 28 |  |
| Friday | August | 29 |  |
| September 1–7[Doctrine and Covenants 94–97](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/350-doctrine-and-covenants-94-97-overview) | 110 \*[Doctrine and Covenants 95](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/351-doctrine-and-covenants-95)111 \*[Doctrine and Covenants 97](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/352-doctrine-and-covenants-97)112 [**Doctrinal Mastery Practice 7**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/353-doctrinal-mastery-practice-7) | Monday | September | 1 | 199 [*Sharing the Gospel out of Christlike Love*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/601-sharing-the-gospel-out-of-christlike-love) |
| Tuesday | September | 2 | 200 [*Love, Share, and Invite*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/602-love-share-and-invite) |
| Wednesday | September | 3 |  |
| Thursday | September | 4 |  |
| Friday | September | 5 |  |
| September 8–14[Doctrine and Covenants 98–101](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/360-doctrine-and-covenants-98-101-overview) | 113 \*[Doctrine and Covenants 98](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/361-doctrine-and-covenants-98)114 \*[Doctrine and Covenants 101:1–42](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/362-doctrine-and-covenants-101-1-42)115 [Doctrine and Covenants 101:43–101](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/363-doctrine-and-covenants-101-43-101) | Monday | September | 8 |  |
| Tuesday | September | 9 |  |
| Wednesday | September | 10 |  |
| Thursday | September | 11 | 201 [*Choosing to Serve a Mission*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/603-choosing-to-serve-a-mission) |
| Friday | September | 12 | 202 [*The Book of Mormon Is a Conversion Tool*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/604-the-book-of-mormon-is-a-conversion-tool) |
| September 15–21[Doctrine and Covenants 102–105](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/370-doctrine-and-covenants-102-105-overview) | 116 [Doctrine and Covenants 103](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/371-doctrine-and-covenants-103)117 [The Camp of Israel](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/372-the-camp-of-israel)118 \*[Doctrine and Covenants 105](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/373-doctrine-and-covenants-105) | Monday | September | 15 | 203 [*Diligence in Missionary Work*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/605-diligence-in-missionary-work) |
| Tuesday | September | 16 | 204 [*Jesus Christ Is at the Center of All Temple Worship*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/611-jesus-christ-is-at-the-center-of-all-temple-worship) |
| Wednesday | September | 17 |  |
| Thursday | September | 18 |  |
| Friday | September | 19 |  |
| September 22–28[Doctrine and Covenants 106–108](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/380-doctrine-and-covenants-106-108-overview) | 119 \*[**Doctrine and Covenants 107:1–20**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/381-doctrine-and-covenants-107-1-20)120 \*[Doctrine and Covenants 107:21–100](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/382-doctrine-and-covenants-107-21-100)121 [**Doctrinal Mastery Practice 8**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/383-doctrinal-mastery-practice-8) | Monday | September | 22 |  |
| Tuesday | September | 23 |  |
| Wednesday | September | 24 |  |
| Thursday | September | 25 | 205 [*Making Temple Worship a Lifelong Pursuit*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/612-making-temple-worship-a-lifelong-pursuit) |
| Friday | September | 26 | 206 [*In the Temple, We Covenant to Keep the Law of Consecration*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/613-in-the-temple-we-covenant-to-keep-the-law-of-consecration) |
| September 29–October 5[Doctrine and Covenants 109–110](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/390-doctrine-and-covenants-109-110-overview) | 122 \*[Doctrine and Covenants 109](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/391-doctrine-and-covenants-109)123 \*[Doctrine and Covenants 110, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/392-doctrine-and-covenants-110-part-1)124 \*[Doctrine and Covenants 110, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/393-doctrine-and-covenants-110-part-2) | Monday | September | 29 | 207 [*Family History and Temple Service*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/614-family-history-and-temple-service) |
| Tuesday | September | 30 | 208 [*Preparing for General Conference*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/541-preparing-for-general-conference) |
| Wednesday | October | 1 |  |
| Thursday | October | 2 |  |
| Friday | October | 3 |  |
| October 6–12[Doctrine and Covenants 111–114](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/400-doctrine-and-covenants-111-114-overview) | 125 [Doctrine and Covenants 111](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/401-doctrine-and-covenants-111)126 [Doctrine and Covenants 112](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/402-doctrine-and-covenants-112)127 [Assess Your Learning 8](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/403-assess-your-learning-8) | Monday | October | 6 |  |
| Tuesday | October | 7 |  |
| Wednesday | October | 8 |  |
| Thursday | October | 9 | 209 [*Studying the Messages of the Lord’s Servants*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/542-studying-the-messages-of-the-lords-servants) |
| Friday | October | 10 | 210 [*Template: Teachings of Church Leaders*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/543-template-teachings-of-church-leaders) |
| October 13–19[Doctrine and Covenants 115–120](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/410-doctrine-and-covenants-115-120-overview) | 128 [Doctrine and Covenants 115](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/411-doctrine-and-covenants-115)129 [Doctrine and Covenants 119–120](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/412-doctrine-and-covenants-119-120)130 [Expulsion from Missouri](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/413-expulsion-from-missouri) | Monday | October | 13 | 211 [*“Choices for Eternity”*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/544-choices-for-eternity) |
| Tuesday | October | 14 |  |
| Wednesday | October | 15 |  |
| Thursday | October | 16 |  |
| Friday | October | 17 | 85 \*[Doctrine and Covenants 76:1–19](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/271-doctrine-and-covenants-76-1-19) |
| October 20–26[Doctrine and Covenants 121–123](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/420-doctrine-and-covenants-121-123-overview) | 131 \*[Doctrine and Covenants 121–123](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/421-doctrine-and-covenants-121-123)132 [**Doctrine and Covenants 121:34–46**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/422-doctrine-and-covenants-121-34-46)133 \*[Doctrine and Covenants 122](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/423-doctrine-and-covenants-122) | Monday | October | 20 |  |
| Tuesday | October | 21 |  |
| Wednesday | October | 22 |  |
| Thursday | October | 23 | 86 \*[**Doctrine and Covenants 76:19–24**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/272-doctrine-and-covenants-76-19-24) |
| Friday | October | 24 | 87 \*[Doctrine and Covenants 76:50–70](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/273-doctrine-and-covenants-76-50-70) |
| October 27–November 2[Doctrine and Covenants 124](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/430-doctrine-and-covenants-124-overview) | 134 [Establishing Nauvoo](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/431-establishing-nauvoo)135 \*[Doctrine and Covenants 124](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/432-doctrine-and-covenants-124) | Monday | October | 27 |  |
| Tuesday | October | 28 |  |
| Wednesday | October | 29 |  |
| Thursday | October | 30 |  |
| Friday | October | 31 |  |
| November 3–9[Doctrine and Covenants 125–128](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/440-doctrine-and-covenants-125-128-overview) | 136 [Doctrine and Covenants 126](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/441-doctrine-and-covenants-126)137 \*[Doctrine and Covenants 127–128, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/442-doctrine-and-covenants-127-128-part-1)138 \*[Doctrine and Covenants 127–128, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/443-doctrine-and-covenants-127-128-part-2) | Monday | November | 3 |  |
| Tuesday | November | 4 |  |
| Wednesday | November | 5 |  |
| Thursday | November | 6 | 95 [Doctrine and Covenants 84:33–44](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/302-doctrine-and-covenants-84-33-44) |
| Friday | November | 7 |  |
| November 10–16[Doctrine and Covenants 129–132](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/450-doctrine-and-covenants-129-132-overview) | 139 [**Doctrine and Covenants 130**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/451-doctrine-and-covenants-130)140 [**Doctrine and Covenants 131**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/452-doctrine-and-covenants-131)141 [Doctrine and Covenants 132:1–2, 34–66](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/453-doctrine-and-covenants-132-1-2-34-66)142 [**Doctrinal Mastery Practice 9**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/454-doctrinal-mastery-practice-9) | Monday | November | 10 |  |
| Tuesday | November | 11 |  |
| Wednesday | November | 12 |  |
| Thursday | November | 13 |  |
| Friday | November | 14 | 96 [Doctrine and Covenants 84:49–102](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/303-doctrine-and-covenants-84-49-102) |
| November 17–23[Doctrine and Covenants 133–134](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/460-doctrine-and-covenants-133-134-overview) | 143 [Doctrine and Covenants 133:1–40](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/461-doctrine-and-covenants-133-1-40)144 [Doctrine and Covenants 133:41–56](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/462-doctrine-and-covenants-133-41-56)145 [Doctrine and Covenants 134](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/463-doctrine-and-covenants-134)146 [Assess Your Learning 9](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/464-assess-your-learning-9) | Monday | November | 17 |  |
| Tuesday | November | 18 |  |
| Wednesday | November | 19 |  |
| Thursday | November | 20 |  |
| Friday | November | 21 | 100 \*[Doctrine and Covenants 88:1–13, 41–50](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/321-doctrine-and-covenants-88-1-13-41-50) |
| November 24–30[Doctrine and Covenants 135–136](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/470-doctrine-and-covenants-135-136-overview) | 147 \*[**Doctrine and Covenants 135**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/471-doctrine-and-covenants-135)148 [Succession in the Presidency](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/472-succession-in-the-presidency)149 [Doctrine and Covenants 136](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/473-doctrine-and-covenants-136)150 [Pioneers in Every Land](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/474-pioneers-in-every-land) | Monday | November | 24 |  |
| Tuesday | November | 25 |  |
| Wednesday | November | 26 |  |
| Thursday | November | 27 |  |
| Friday | November | 28 | 101 [Doctrine and Covenants 88:14–41](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/322-doctrine-and-covenants-88-14-41) |
| December 1–7[Doctrine and Covenants 137–138](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/480-doctrine-and-covenants-137-138-overview) | 151 [Doctrine and Covenants 137](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/481-doctrine-and-covenants-137)152 [Doctrine and Covenants 138, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/482-doctrine-and-covenants-138-part-1)153 [Doctrine and Covenants 138, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/483-doctrine-and-covenants-138-part-2) | Monday | December | 1 |  |
| Tuesday | December | 2 |  |
| Wednesday | December | 3 |  |
| Thursday | December | 4 | 102 \*[Doctrine and Covenants 88:51–95](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/323-doctrine-and-covenants-88-51-95) |
| Friday | December | 5 | 103 \*[**Doctrine and Covenants 88:76–80,117–141**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/324-doctrine-and-covenants-88-76-80-117-141) |
| December 8–14[The Articles of Faith and Official Declarations 1 and 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/490-the-articles-of-faith-and-official-declarations-1-and-2-overview) | 154 [Articles of Faith](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/491-the-articles-of-faith)155 [Official Declaration 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/492-official-declaration-1)156 [Official Declaration 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/493-official-declaration-2)157 [Assess Your Learning 10](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/494-assess-your-learning-10) | Monday | December | 8 |  |
| Tuesday | December | 9 |  |
| Wednesday | December | 10 |  |
| Thursday | December | 11 |  |
| Friday | December | 12 | 104 [Doctrine and Covenants 89:1–17](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/331-doctrine-and-covenants-89-1-17) |
| December 15–21[The Family: A Proclamation to the World](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/500-the-family-a-proclamation-to-the-world-overview) | 158 [The Family Proclamation, Part 1](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/501-the-family-proclamation-part-1)159 [The Family Proclamation, Part 2](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/502-the-family-proclamation-part-2)160 [The Family Proclamation, Part 3](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/503-the-family-proclamation-part-3)161 [**Doctrinal Mastery Practice 10**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/504-doctrinal-mastery-practice-10) | Monday | December | 15 |  |
| Tuesday | December | 16 |  |
| Wednesday | December | 17 |  |
| Thursday | December | 18 |  |
| Friday | December | 19 | 105 \*[**Doctrine and Covenants 89:18–21**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/332-doctrine-and-covenants-89-18-21) |
| December 22–28Christmas |  | Monday | December | 22 |  |
| Tuesday | December | 23 |  |
| Wednesday | December | 24 |  |
| Thursday | December | 25 |  |
| Friday | December | 26 |  |

# Life Preparation lessons

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| **Category** | **Life Preparation Lesson Number and Title** |
| [**Doctrinal Mastery: Finding Answers to My Questions**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/520-doctrinal-mastery-overview) | 164 [*Strengthening Your Spiritual Foundation*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/521-introduction-to-doctrinal-mastery) |
| 165 [*Seeking Personal Revelation for My Questions*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/522-acquiring-spiritual-knowledge-part-1) |
| 166 [*Acting in Faith to Find Answers*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/523-acquiring-spiritual-knowledge-part-2) |
| 167 [*Examining Gospel Topics and Questions with an Eternal Perspective*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/524-acquiring-spiritual-knowledge-part-3) |
| 168 [*Turning to Divinely Appointed Sources to Help Find Answers*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/525-acquiring-spiritual-knowledge-part-4) |
| [**Scripture Study Skills**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/530-scripture-study-tools-overview) | 169 [*Focusing on Jesus Christ in the Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/531-focusing-on-jesus-christ-in-the-scriptures) |
| 170 [*Finding Gospel Truths in the Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/532-finding-gospel-truths-in-the-scriptures) |
| 171 [*Annotating Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/533-annotating-scriptures) |
| 172[*Scripture Study Tools*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/534-scripture-study-tools) |
| 173 [*Understanding the Context of Scriptures*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/535-understanding-the-context-of-scriptures) |
| **[For the Strength of Youth: Making Choices](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/550-for-the-strength-of-youth-making-choices-overview)** | 174 [*For the Strength of Youth Guide*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/551-for-the-strength-of-youth-guide) |
| 175 [*Setting Goals*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/552-setting-goals) |
| 176 [*Our Divine Identity and Purpose*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/553-our-divine-identity-and-purpose) |
| 177 [*Taking Charge of Technology*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/554-taking-charge-of-technology) |
| 178 [*Patriarchal Blessings*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/555-patriarchal-blessings) |
| 179 [*Sustaining Our Leaders*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/556-sustaining-our-leaders) |
| [**Building Self-Reliance**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/560-building-self-reliance-overview) | 180 [*Building Self-Reliance in the Lord’s Way*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/561-building-the-self-reliance-in-the-lords-way) |
| 181 [*Faith in Jesus Christ to Build Self-Reliance*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/562-faith-in-jesus-christ-to-build-self-reliance) |
| 182 [*Managing Financial Resources Wisely*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/563-managing-financial-resources-wisely) |
| 183 [*Self-Reliance Enables Us to Better Care for Others*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/564-self-reliance-enables-us-to-better-care-for-others) |
| [**Physical and Emotional Health**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/570-emotional-resiliance-overview) | 184 [*Caring for Our Physical Bodies*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/571-caring-for-our-physical-bodies) |
| 185 [*Building Emotional Strength in the Lord*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/572-building-emotional-strength-in-the-lord) |
| 186 [*Developing Healthy Thinking Patterns*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/573-developing-healthy-thinking-patterns) |
| 187 [*Managing Stress and Anxiety*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/574-managing-stress-and-anxiety) |
| 188 [*Coping with Sadness and Depression*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/575-coping-with-sadness-and-depression) |
| 189 [*Being Perfected in Jesus Christ*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/576-being-perfected-in-jesus-christ) |
| 190 [*Building Healthy Relationships*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/577-building-healthy-relationships) |
| [**Preparing for Future Education and Employment**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/580-preparing-for-future-education-and-employment-overview) | 191 [*The Importance of Education*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/581-the-importance-of-education) |
| 192 [*Education for the Whole Soul*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/582-education-for-the-whole-soul) |
| 193 [*Discovering Your Strengths and Abilities*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/583-discovering-your-strengths-and-abilities) |
| 194 [*Developing Skills and Abilities*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/584-developing-skills-and-abilities) |
| [**Succeeding in School**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/590-succeeding-in-school-overview) | 195 [*Involving the Lord in Your Learning*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/591-involving-the-lord-in-your-learning) |
| 196 *[Integrity in Our Education](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/592-integrity-in-our-education)* |
| 197 [*Preparing for Tests and Challenging Projects*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/593-preparing-for-tests-and-challenging-projects) |
| 198 [*Growth Mindset*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/594-growth-mindset) |
| [**Missionary Preparation**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/600-the-living-christ-overview) | 199 [*Sharing the Gospel out of Christlike Love*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/601-sharing-the-gospel-out-of-christlike-love) |
| 200 [*Love, Share, and Invite*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/602-love-share-and-invite) |
| 201 [*Choosing to Serve a Mission*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/603-choosing-to-serve-a-mission) |
| 202 [*The Book of Mormon Is a Conversion Tool*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/604-the-book-of-mormon-is-a-conversion-tool) |
| 203 [*Diligence in Missionary Work*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/605-diligence-in-missionary-work) |
| [**Temple Preparation**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/610-temple-preparation-overview) | 204 [*Jesus Christ Is at the Center of All Temple Worship*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/611-jesus-christ-is-at-the-center-of-all-temple-worship) |
| 205 [*Making Temple Worship a Lifelong Pursuit*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/612-making-temple-worship-a-lifelong-pursuit) |
| 206 [*In the Temple, We Covenant to Keep the Law of Consecration*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/613-in-the-temple-we-covenant-to-keep-the-law-of-consecration) |
| 207 [*Family History and Temple Service*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/614-family-history-and-temple-service) |
| [**Teachings of Church Leaders**](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/540-teachings-of-church-leaders-overview) | 208 [*Preparing for General Conference*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/541-preparing-for-general-conference) |
| 209 [*Studying the Messages of the Lord’s Servants*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/542-studying-the-messages-of-the-lords-servants) |
| 210 [*Template: Teachings of Church Leaders*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/543-template-teachings-of-church-leaders) |
| 211 [*“Choices for Eternity”*](https://www.churchofjesuschrist.org/study/manual/doctrine-and-covenants-seminary-teacher-manual-2025/544-choices-for-eternity) |



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